



The Influence of Attentional Fluctuations on Memory

Aria Tsegai-Moore, Manasi Jayakumar & Mariam Aly

Department of Psychology, Columbia University



www.alylab.org

ast2195@columbia.edu

Introduction

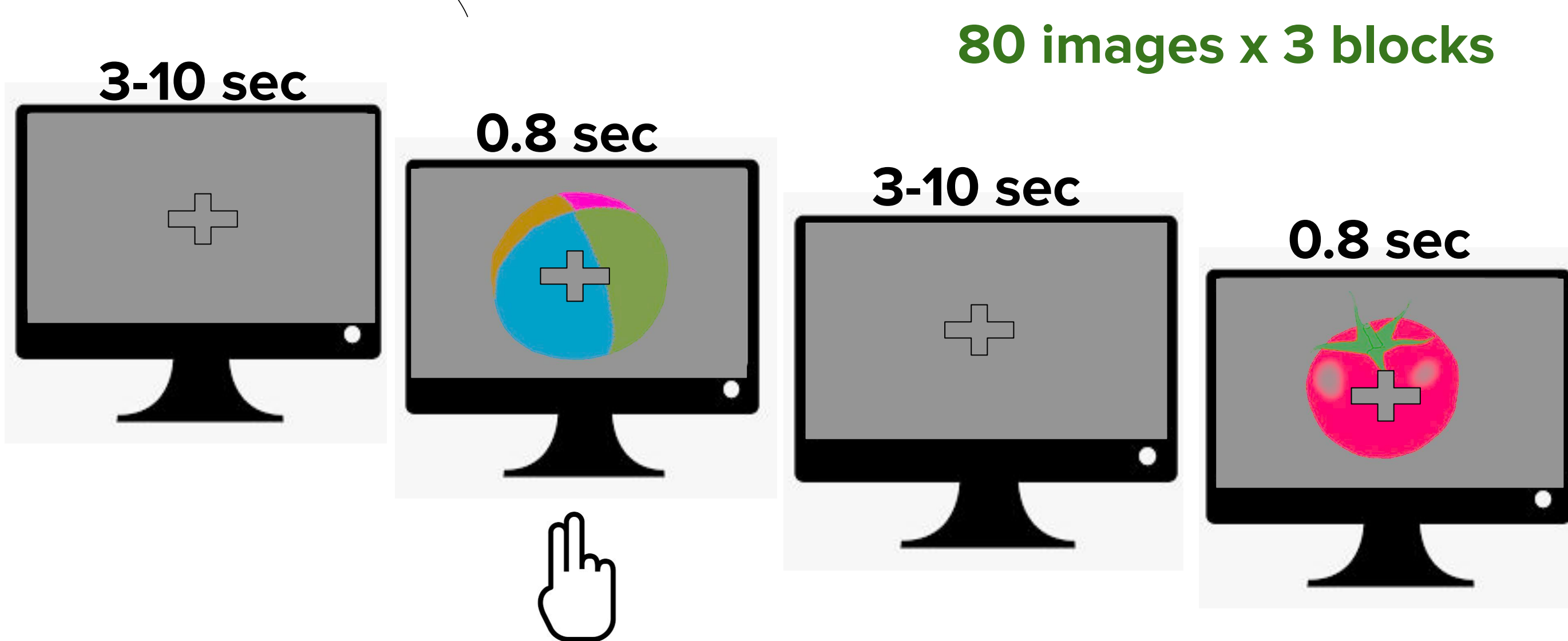
- Episodic memories are temporally organized: the order in which we recall memories is influenced by the order in which the events occur^{1,2}.
- The order in which we recall events is also influenced by attentional states^{3,4}.
- In prior research attentional fluctuations based on a participants' speed of performing a task did not predict memory organization⁵
- Changes in pupil size can index attentional fluctuations^{6,7}.

In what ways can attentional fluctuations (using pupil size as a measure of attentional state) shape the temporal organization of memory?

Task & Methods

Participants: Adults ages 18-35 (N=42); $M_{age} = 20$

Phase 1: Study



Is this object a food or non-food item?
Press a response for non-food; withhold for food

Phase 2: Free Recall

Beachball, Tomato,

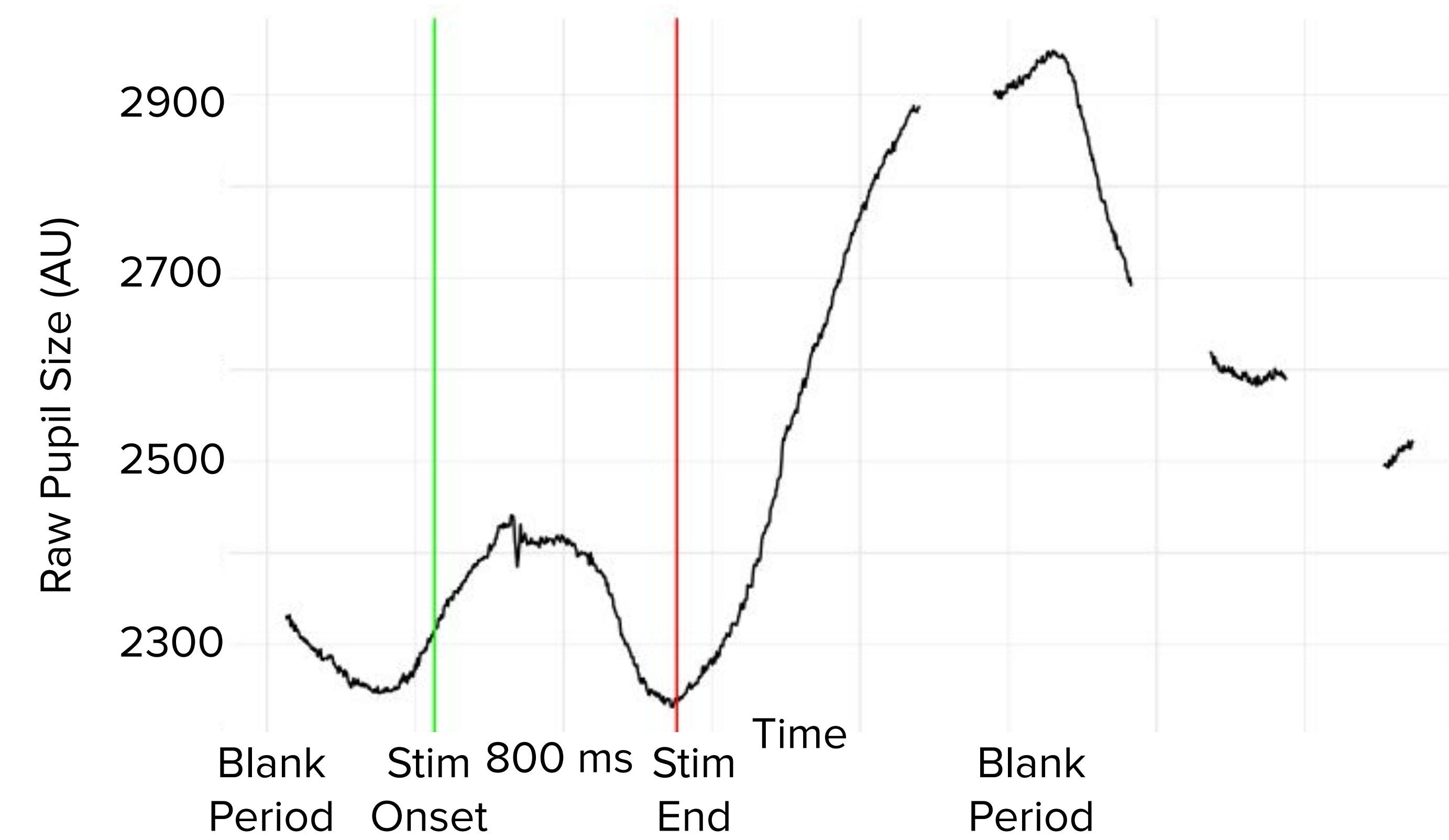
The EyeLink 1000 Plus by SR Research was used to record eye-tracking data during the study phase.



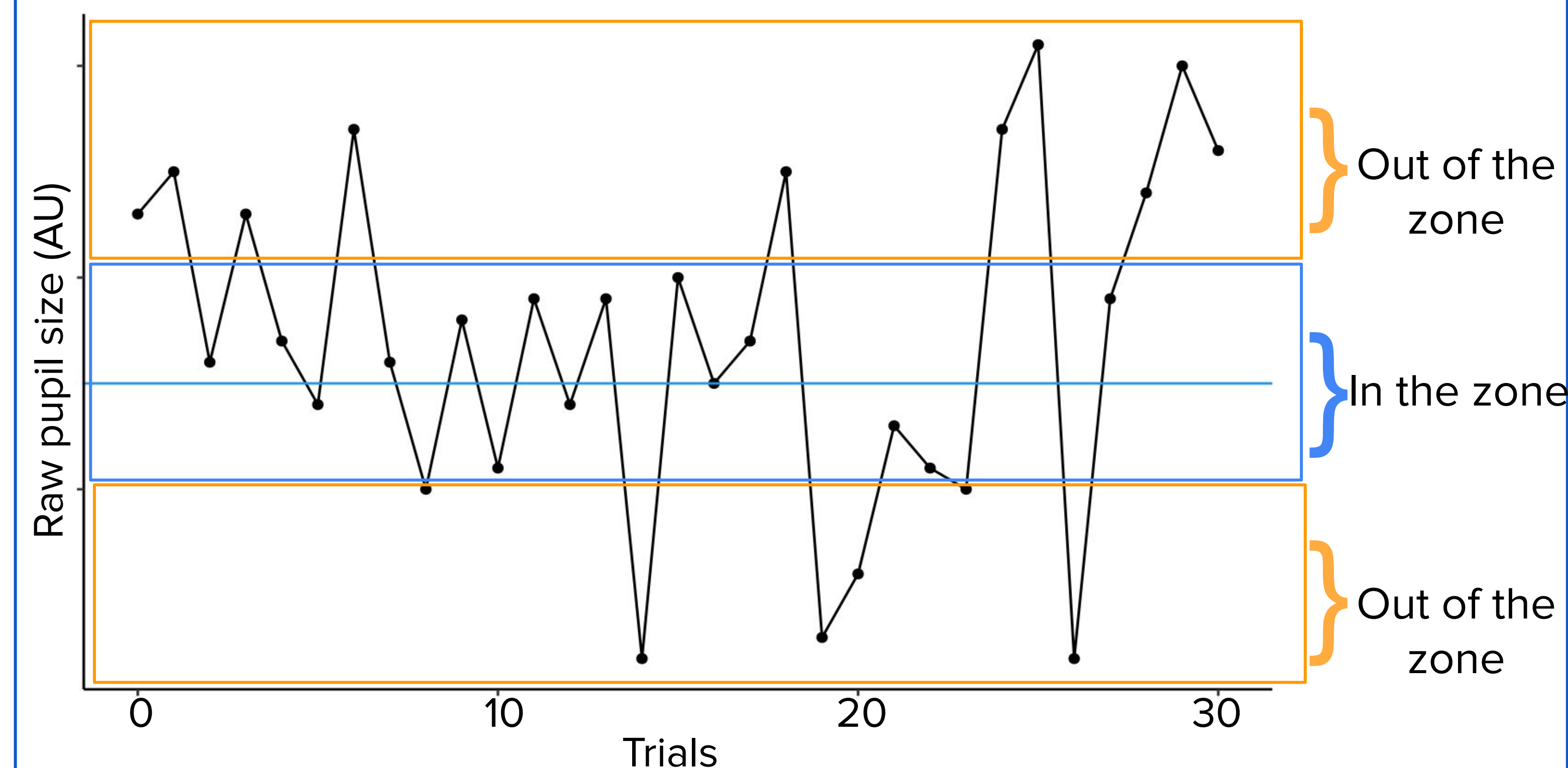
Eye-Tracking Head Mount

Eye-Tracker

Attention & Pupil Size

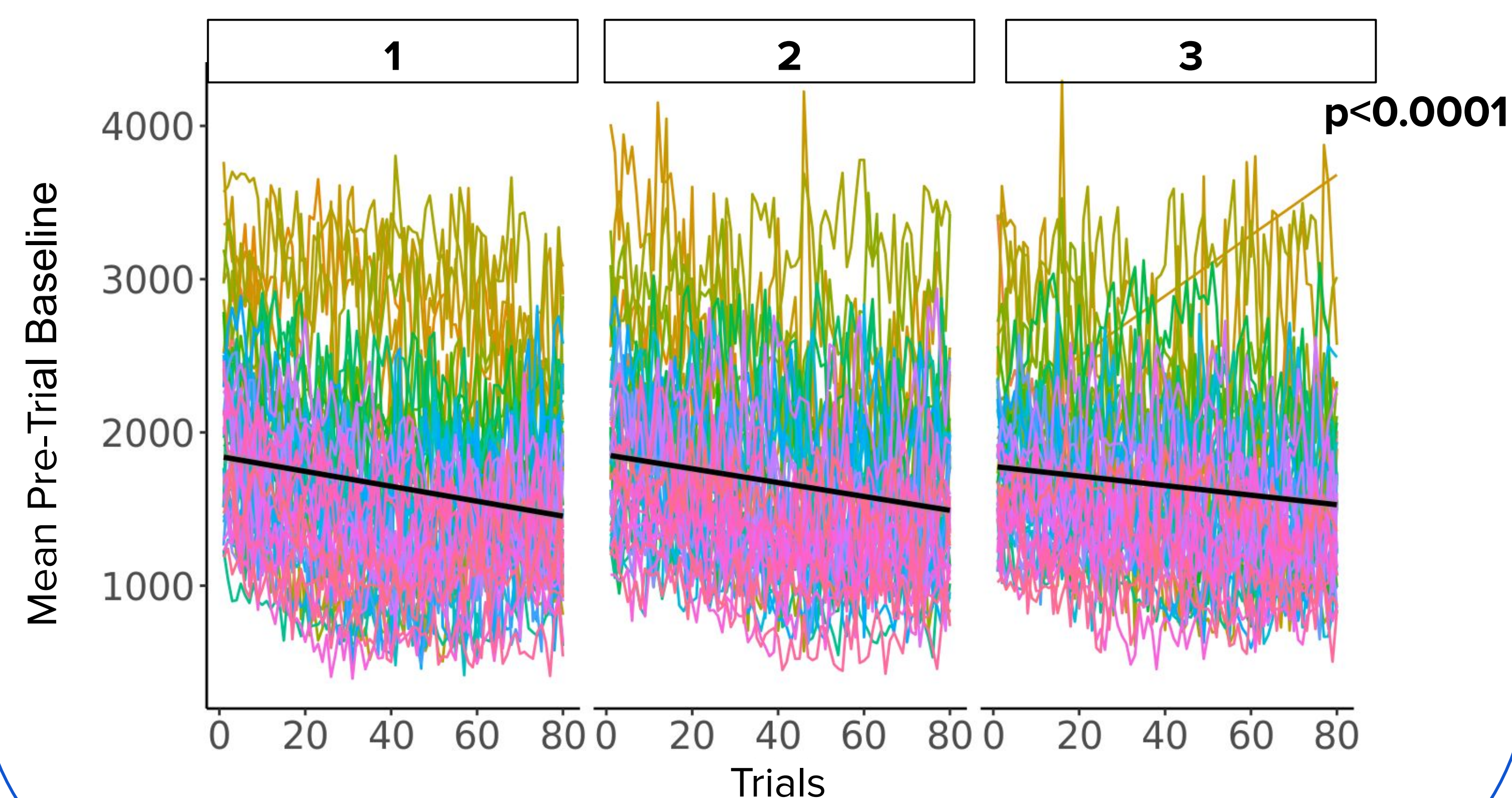


Pre-trial baseline: 500ms interval before the onset of the stimulus



Baseline pupil size that is too small or too large indexes poor sustained attention^{6,7}.

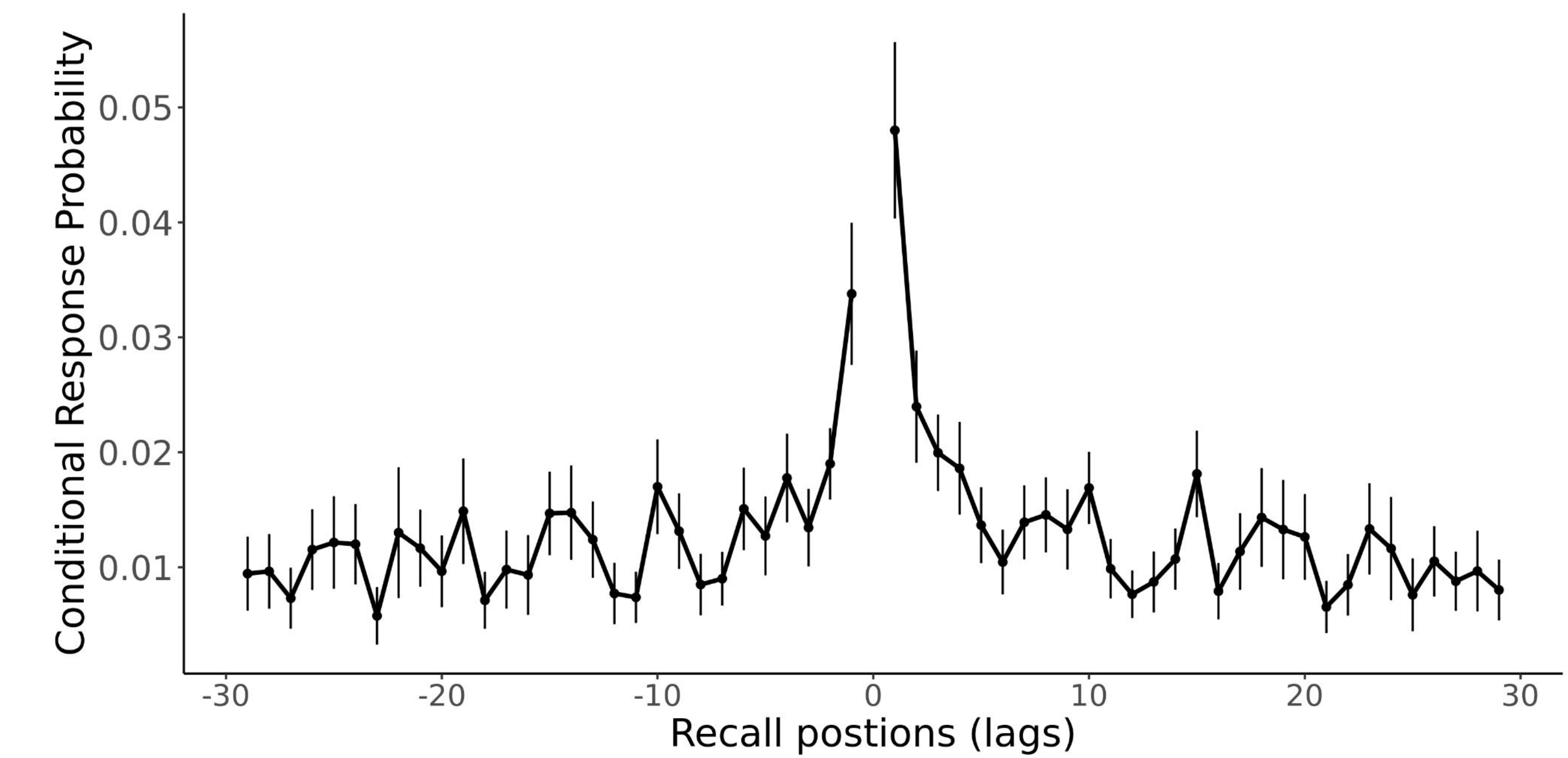
Hypothesis 1: Pre-trial baseline should decrease within a block over time.



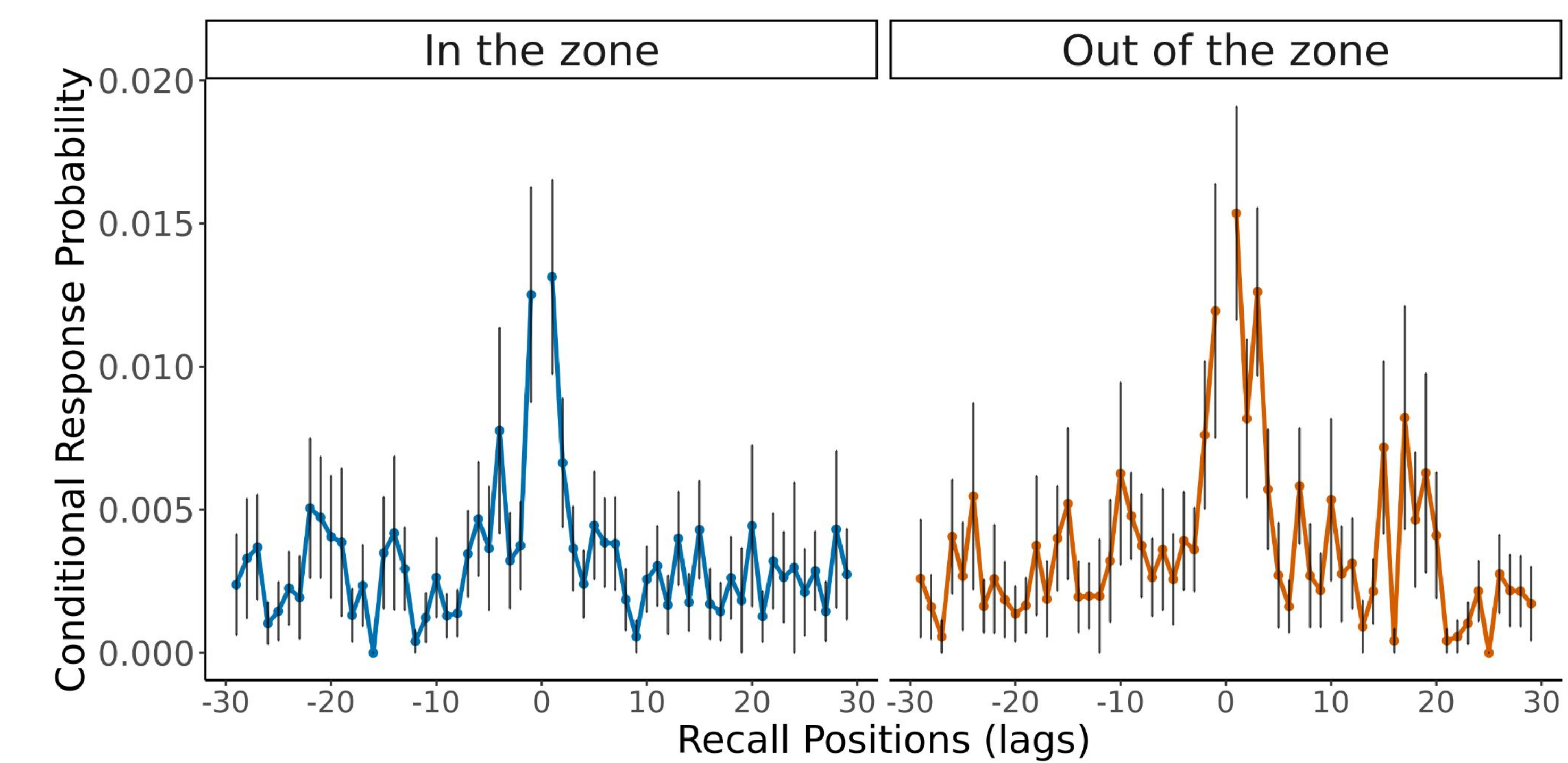
Decreased attention within a block is indexed by pupil size.

Memory and Pupil Size

Lag-CRP (Conditional Response Probability) Curve: Probability of recalling two items successively, given their position during the study block^{1,2,5}.



Hypothesis 2: Good (vs. bad) attentional states during the study block will be associated with better temporal organization of recall.



Temporal organization of memory is not influenced by attentional state.

Conclusion

- Pupil size successfully indexes decreasing attention over time.
- Temporal organization of memory is resistant to attentional fluctuations.

¹Howard, M.W., & Kahana, M. J. (2002). A Distributed Representation of Temporal Context. *Journal of Mathematical Psychology*, 46(3), 269–299.
²Healey, M. K., Long, N. M., & Kahana, M. J. (2019). Contiguity in episodic memory. *Psychonomic Bulletin & Review*, 26(3), 699–720.
³Zacks, J. M., Speer, N. K., Swallow, K. M., Braver, T. S., & Reynolds, J. R. (2007). Event perception: A mind-brain perspective. *Psychological Bulletin*, 133(2).
⁴DuBrow, S., & Davachi, L. (2016). Temporal binding within and across events. *Neurobiology of Learning and Memory*, 134, 107–114.
⁵Jayakumar M, Balusu C, Aly M. Attentional fluctuations and the temporal organization of memory. *Cognition*. 235: 105408. PMID 36893523 DOI: 10.1016/j.cognition.2023.105408
⁶Robison, M. K., Trost, J. M., Schor, D., Gibson, B. S., & Healey, M. K. (2022). Pupillary correlates of individual differences in long-term memory. *Psychonomic Bulletin & Review*, 29(4), 1355–1366.
⁷Van Den Brink, R. L., Murphy, P. R., & Nieuwenhuis, S. (2016). Pupil diameter tracks lapses of attention. *PLoS One*, 11(10), e0165274.